



5TH ANNUAL CAVEMAN CHALLENGE

THE COMPETITIVE CAVEMAN
CHALLENGE CONSISTS OF A 5K;
FOLLOWED BY A 400 YARD
SWIM IN THE SHORT COURSE
POOL WITH FUN AND
CHALLENGING STRENGTH AND
PLYOMETRIC MOVEMENTS IN
BETWEEN EACH LAP; ALL
FOLLOWED BY A 25 METER
JEEP WRANGLER PUSH.

**JOIN THE
CHALLENGE!**

SOLO: \$60

TEAM: \$90

5K: \$40

REGISTER AT:

**[RUNSIGNUP.COM/RACE/FL/OCALA/
CAVEMANCHALLENGE](https://runsignup.com/race/fl/ocala/cavemanchallenge)**

**SATURDAY
MAY 14, 2022
8:30 A.M.**

**2390 SE 36TH
AVE
OCALA, FL
34471**